

On toast

our bread is toasted Polish Rye

Toast with Butter £1.50

add marmalade, strawberry jam, chocolate spread, peanut butter or honey for 50p (v)

Roasted tomatoes with sea salt, served with crème fraîche £5.00 (v)

Avocado and roasted red pepper £5.00 (v)

Toasted Sandwiches

all sandwiches served with Proper Tea 'slaw on a choice of polish rye or ciabatta

Houmous, roasted red pepper and caramelised onion £5.00 (v)

Pastrami, swiss cheese and pickled gherkin £5.50

Swiss cheese and tomato £4.50 (v) add ham £5.00

Roast chicken, avocado, pesto and roasted red pepper £5.50

Falafel, houmous, feta and rocket £5.50 (v)

Brie, caramelised onion and rocket £5.00 (v)

Soup**Soup of the day**

served with Polish rye £4.75

Soup and a sandwich

Your choice of toasted sandwich served with our soup of the day £7.50

add a pot of Proper Breakfast Tea £9.00

add a pot of Proper Breakfast Tea and a hearty scone £11.00

Salads

Roast chicken, avocado, tomato and rocket with a balsamic honey dressing £7.50

Butternut squash, feta, roasted pepper, pine nut and rocket with a basil pesto dressing £7.50 (v)

To share**Vegetarian Platter**

Feta, brie, houmous, roasted red pepper, avocado and Proper Tea 'slaw served with bread and oil £13.00 (v)

Meat Platter

Pastrami, ham, roast chicken, roasted red pepper and Proper Tea 'slaw served with bread and oil £13.00

Traditional Afternoon Tea

Proper Tea bring you the opulent indulgence of this celebrated British custom, without the stuffiness of a traditional tearoom.

Our Afternoon Tea couples our extensive selection of loose leaf tea with a delicious collection of cakes, scones, pastries and sandwiches.

Enjoy three tiers of freshly baked treats with any loose leaf tea from our distinguished menu, or a bottle of chilled Prosecco.

£16.00 per person

£40.00 for two with boozy bubbles

Morning Tea £3.50

Tea with a shortbread and a ginger biscuit. Served with your choice of Proper Breakfast Tea, Sunshine Earl Grey, Proper Peppermint, or Hibiscus. (v)

Cream Tea £4.90

An English classic. A sweet scone served with preserve and organic clotted cream accompanies your choice of Proper Breakfast Tea, Darjeeling, Sunshine Earl Grey, Chai, Proper Peppermint or Hibiscus. (v)